

2023 Travelling Light News

Provision for the Journey Light for the Path Freedom to Move Forward

Travelling Light Retreats 2023

We wish you all a peaceful and Christ filled New Year. This year we are running a full retreat

Programme the first time for several years and all the retreats are 'live'. We are using two venues St. Dubricius Church, Whitchurch for the Spring and Summer retreats and Wyesham Christian Fellowship for the March and November retreats.

Both venues have good carparks with adequate parking space and we will send you directions with the retreat information when we receive your booking.

On arrival you will receive your own retreat bag which contains reflections, meditations and other material to use during the retreat, if you would like to. You may take the bag home with you. If you would like to bring your own material to use at the retreat please do so.

It would be helpful if you could book your place for the retreats you would like to attend, as soon as is possible as this helps us with our preparation.

If you have to cancel your booking please let us know as early as possible as we often have people who would like to come for whom we do not have spaces for. Please book retreat places by email to: travellinglight@supanet.com and we will confirm your place as quickly as possible. If you need to contact us urgently please phone us on

RMM.

Travelling Light Contact Details:

Email: travellinglight@supanet.com

Website: www.travellinglightchristianretreats.co.uk

2023 Travelling Light News and Retreat Information

Retreat Programme 2023

The Retreat Theme for 2023 is 'The Light of God'

PLEASE NOTE: THE RETREATS ON

Saturday 4 March and Saturday 4 November are a change of date and venue. Both will be held at Wyesham Christian Fellowship.

Directions for both venues will be sent with the booking confirmation email.

The Retreat Dates are as follows:

Saturday 4 March - Venue: Wyesham Christian Fellowship, Wyesham **Please note, this is a change of date and venue.**

Saturday 22 April – Venue: St. Dubricius, Whitchurch

Saturday 24 June – Venue: St. Dubricius, Whitchurch

Saturday 2 September – Venue: St. Dubricius, Whitchurch

Saturday 4 November – Venue: Wyesham Christian Fellowship, Wyesham. **This is a change of venue.**

All Retreats run from 10am to 4pm.

Booking is essential as numbers are limited, consequently we suggest you book as early as possible. Booking is by email and there is no charge for the Day Retreats but we are grateful for a donation to help to cover the Ministry expenses.

Prayer Requests

If you would like the Travelling Team to pray for you or anybody you know, please email us with the details. Your request will only be shared with the Team in the strictest confidence.

A PRAYER FOR THE NEW YEAR –
2023

Walk with me, Lord,
Through this New Year,
Whatever the future brings;
Shine your light on my path,
As I travel this road
Into the unknown;
Hold my hand in the dark,
Guide my steps and my thoughts,
And keep me close to yourself;
Whatever may come
Be my Lord and my God,
And fill me with your Spirit,
Each day,
O Lord, I pray

Amen

The name **TRAVELLING LIGHT** can be taken in two ways. It can be about seeking God's help, so that we can be freed from carrying un-necessary or inappropriate burdens from our past, the present, or fears for the future. Yet it can also point towards God's light that illuminates the path, or at least the next step, on the road of life that we travel. This year we will be looking more at the second meaning.

When we went to see our family, in November, we spent some time on a beach in Cornwall. The sun reflecting off the sea, despite dark clouds, was stunning, and as we drove home, we were blessed by rainbows. These occurrences prompted us to reflect on the light of God, thoughts that were reinforced by so many readings and references to God's light over the Christmas and Advent period. Yet the light of God is not only for short, winter days and long, dark nights. The presence of God's light is for every day. Natural light is created by the Eternal light, who lights our path in so many ways.

So, **THE LIGHT OF GOD** is our theme for the Travelling Light retreats in 2023.

On March 4th we will be reflecting on aspects of **The Light of God**.

CMM

REST IN MY LOVE

Rest in my Love, my precious child,
Even though all around is chaos,
Though the pressures from the world outside
Seem to be matched by the pressures in
your mind;
Take a moment, wherever you are,
To go to that place, deep in your heart,
Where only you can go,
And where the only person you will meet,
Is the Faithful God,
Who loves you so,
My Unfailing Love
Will never let you go;
I'll give you peace, in the midst of conflict,
I'll give you joy, though sorrow abounds,
I'll hold you close, though all around
collapses,
And walk with you through the problems
and the pain;
Spend a moment, just rest in My
presence,
Before you engage with the world again

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travellinglight@supanet.com